



# Hong Kong Society for Nursing Education

P.O. Box 98898, Tsim Sha Tsui Post Office, Kowloon, Hong Kong

Newsletter

July 2008

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**Dr. LEONG Che-hung, GBS, JP**

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**Professor Frances Kam-Yuet WONG**

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(in alphabetical order)

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Principal Nursing Officer  
Department of Health

**Professor Sophia CHAN**

Professor and Head  
Department of Nursing Studies  
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Legislative Councillor

**Dr. Susie LUM**

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Preparatory Committee

**Professor Angela McBRIDE**

Distinguished Professor and University Dean  
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**Dr. MAK Yim-wah**

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## Chairperson's Message

Professor Frances Wong

### Does nursing education in Hong Kong prepare nurses for the unexpected?

Dear members and colleagues,

On International Nurses' Day this year (May 12), the Sichuan earthquake stunned the whole world. Among many of the pain-staking scenes, there were episodes that revealed the purest and most beautiful manifestations of human souls. There was a photograph showing a man tying the dead body of his wife to his own and then riding by motorcycle to take the wife from the disaster site to another town where he thought she would like to be buried. Another photograph showing a peasant with deep crinkles on his face, reflecting the hard labour he had endured over the years. He sat next to his father who was lying in a sick bed, mechanically ventilated by a respirator. The son grinned in his pose, ready for a picture to be taken. This picture was at the request of the son to the photographer because he had never had a picture taken with his father in his entire life.

After the disaster, individuals, professionals and organizations were all asking what they could do, both for the victims and the devastated region. The Hong Kong community responded immediately through many different means. Individuals and organizations, such as our Society, have donated

money. The relevant institutions, such as the Hong Kong Hospital Authority sent professional teams to help out at the site. The Chinese government has been praised for their quick response in rescuing people and orchestrating immense global support to aid in Sichuan's recovery. We are all thankful for a responsive government, a caring global community and the resilience of the Sichuan people, who through their determination are able to endure the suffering and courageously begin the rebuilding process.

In Hong Kong, although we have faced challenges in the past, fortunately we have never been tested in this way and we all hope that the necessity never arises. However, we need to be prepared at all times. I can only make observations based on some of the incidents that have already happened in Hong Kong. Overall, Hong Kong is a protected community. Six weeks after the Sichuan earthquake, severe tropical storm Fengshen swept across Hong Kong. The Hong Kong Observatory issued the warning notice three hours before the No. 8 typhoon signal was actually hoisted. Previously another three hours of pre-notice alert had been given before the No. 3 typhoon signal

The Newsletter can be read on the web site: <http://www.hksne.org.hk>

was issued. Given that there had been some previous instances where the community felt that they had been given insufficient warning of an impending No. 8 typhoon signal or a rain alert, the Hong Kong Observatory was trying to predict upcoming events and alert the community of the impending change in weather. In the past, people in Hong Kong have complained of not being able to return home from school or work within the brief notice period. We need to ask ourselves, are Hong Kong people too protected? Nurses in Hong Kong are part of the larger community. Do we have enough alertness and preparedness for sudden and unexpected events? The SARS incident has proven that we can do it. This spirit needs to be cultivated and sustained. As educators, we are aware that this is value education and value education forms an important part of holistic education, in addition to equipping nurses with cognitive and psychomotor skills. Preparing nurses for the unprepared requires equipping nurses to be prepared all the time and to act as professional nurses. Professional nurses have a high regard for their professional identity, possess a sense

of moral duty to help others but at the same time engage in processes of self-growth in all experiences and events. In other words, we need to educate nurses to be competent in the healing process, helping others to heal and have self-growth. Disaster management is a team effort involving effective coordination of organizational and individual efforts. As for individual nurses, we need to be prepared at all times to be contributing members of the team. The manifestation of professionalism happens every day in our work. When extraordinary events like disasters occur, it is a test of our preparedness in our day-to-day work!

In our newsletter, we have endeavoured to capture the work of the Hong Kong Society for Nursing Education for all of you to share the joy and efforts of our work, and most importantly the work of nurses in Hong Kong! I hope you enjoy reading this issue and please give us your comments on our work by completing the enclosed newsletter feedback questionnaire and return it to us!

## 給生命帶來希望

車錫英

麥素珊小姐是威爾斯親王醫院臨床腫瘤學系專科護士，在從事腫瘤科護理工作十二年，素珊坦言在十二年間累積了不少寶貴的回憶及感受；病人的故事加速了她的成長，讓她深切體會到護理工作的可貴，同時亦訓練出她對病者的尊重及耐性。

素珊是惡性潰瘍傷口的護理專家，她進行過一連串研究以評估不同敷料在治療放射後皮膚潰損的效用，從而更加深她在潰瘍傷口護理的心得。在傷口的護理方面，素珊更突顯出她的創意潛能，就連衛生巾及尿片也是她護理傷口的用具，所以每次遇到一些難處理的傷口時，大家便不期然想起向素珊請教。由於素珊突出的表現，護士在處理放療引致的副作用中，所擔當的角色亦逐漸被其他醫療人員包括醫生、放射治療師及物理學家認同。從而在這個一向被其他醫療人員主導的領域，開拓了一個雙輸贏的局面；護士可在有關的護理範疇上發揮所長，病人得益之餘，其他醫療人員亦可更專注改善病人的治療。

現今醫學雖然發達，但惡性潰瘍並不是單靠醫藥便能一一治癒，相反，幫助病人與傷口並存才是最重要的。記得一位譚伯伯因頭頸科惡性腫瘤而需接受電療，電療完畢後，譚伯的面額卻因而出現了一個破洞。當時譚伯深知自己餘下的日子並不多，而他與家人更得面對一個不能治癒的傷口，在面對死亡、面對恐懼下，譚伯在絕望中毅然決定回鄉終老，並且不再回醫院覆診。然而，譚伯的傷口在回鄉後不單沒有好轉，破洞更愈來愈大，連進食時，食物也會從破洞中漏出，當時譚伯甚至連鏡子也不敢照一照，可見連他自己也接受不了那個愈來愈大、愈來愈惡化的傷口；更不幸的是，傷口愈來愈痛，連鄉間醫生開的止痛藥也起不了甚麼作用，譚伯和家人們的心情，彷彿是跌進了無底深潭，萬念俱灰，連一點希望之光也看不到。在極度無助的情況下，譚伯的家人想起了那位樂觀熱誠的麥姑娘。與素珊溝通過後，正如譚伯家人於感謝信中所述，他們就如注了一支強心針，對譚伯的病情從新燃點起希望。而藉著素珊的幫助和細心的指導，譚伯和他的家人都能有信心地去面對和處理那個傷口，從而減低傷口對他們造成的不便和影響。雖然最後譚伯還是因癌症而離世，但家人在那段日子裡，從素珊中得到的支持和安慰，是金錢所難以衡量，更是譚伯的家人最為感激的。在整個過程中，素珊突顯出護士獨特的角色：在絕望中給予病人和家屬安慰及鼓勵，讓病人和家屬從消極和絕望中，得著勇氣，繼而勇敢面對癌症和死亡。過程中，不單只病人與家人間的距離消除了，就連醫護人員和病人之間的距離也進一步拉近。護士在這方面，則盡顯作為病者和家屬的守護者和天使的角色。



麥素珊小姐  
威爾斯親王醫院  
臨床腫瘤學系專科護士

## The Hong Kong Society for Nursing Education 22nd Annual General Meeting and Symposium (8th March 2008)



The 22nd Anniversary Symposium and the Anniversary Lunch were held on 8 March, 2008 at the YMCA of Hong Kong, 4th Floor North Tower, Salisbury Road, Tsimshatsui, Kowloon, Hong Kong. Approximately 200 delegates from China, Taiwan, Macau and Hong Kong joined the Symposium. Professor Frances Wong Kam Yuet, Chairperson of the Society, started off the symposium by welcoming Society Members and Distinguished Guests. The welcoming address was then given by Society Patron, Dr. Leong Che-Hung GBS, JP, Member, Executive Council, HKSAR Government.

The first Keynote Speech was delivered by Professor Haichao Lei of the Ministry of Health, People's Republic of China and a member of the Western Pacific Advisory Committee on Health Research, World Health Organization. Professor Lei's speech was titled "Trends and Developments in Contemporary Health Care Services – The Perspective of Mainland China." Professor Lei started by introducing the health status of the Chinese population and then highlighted the trends of nursing care services, nursing education and nursing research in Mainland China. He concluded by identifying the health care needs in Mainland China and the challenges that lay ahead.

We were very pleased to have Professor Eng Kiong Yeoh, the Former Secretary for Health, Welfare and Food in the Government of the Hong Kong SAR and now Professor of Public Health at the School of Public Health at CUHK, to deliver our second Keynote Address. Professor Yeoh's speech was titled "Trends and Developments in Contemporary Health Care Services – The Perspective of Hong Kong SAR." Professor Yeoh discussed the nine contemporary forces influencing health care delivery in Hong Kong and highlighted their implications for the management of health care. Given the burden of chronic disease in most developed societies today, Dr. Yeoh presented the Chronic Care Model

as a way to organize health care systems around today's most prevalent health problems. He highlighted the challenges facing Hong Kong today and focused on the need for a patient-centred approach to combating chronic disease.

The programme of the 22nd Anniversary Symposium included three plenary sessions focusing on the "Opportunities and challenges for nurses in the contemporary health context." Ms. Camille Ho, Manager of the Heart Program at Hong Kong Adventist Hospital provided a perspective from the Private Hospital Sector; Ms. Susan Law, a Nurse Consultant at Nu Pro Nurse Clinic provided a perspective from the Nurse Entrepreneur Sector; and Ms. Winnie Cheng, a Nurse Specialist (CNS) at Caritas Medical Centre provided a perspective from the Public Hospital Sector. Ms. Ho highlighted the opportunities and challenges in further increasing public-private collaboration in the health-care sector in Hong Kong. Ms. Law shared her expertise and experiences in the development of independent nursing practice in Hong Kong. Finally, Ms. Cheng discussed the opportunities and challenges for nurses in modernizing and expanding the role and career path of Hong Kong nurses in the public sector.

After the Keynote Speeches and Plenary Sessions, a Question and Answer Session was held with all of the guest speakers and participants. Symposium participants posed many thoughtful and challenging questions to our speakers. The symposium concluded with a delicious lunch.

A feature book titled "Lighting up one's life"(護理專業 燃亮生命) was officially launched at the Symposium. The book is a collection of stories from nurses who are working in different health-care settings or specialties in Hong Kong. Symposium delegates commended the book as an excellent resource for nursing role models in Hong Kong. The book can be purchased either through The Society or from local book shop.

**Presenting appreciation letter for contributing to the Society**



Prof. Frances Wong, Society Chairperson and Society Patron, The Honorable Dr. Leong Che Hung



Mr. Edmond Tong, Society 1st treasurer (internal) and Ms Sannie Chan, Principal Nursing Officer, Department of Health



Prof. Frances Wong and Prof. Pan Yong Hua, Director, General of Education Science & Technology Department, Liaison Office of the Central People's Government in the Hong Kong SAR.

**Keynote Speakers**



Moderator Prof. Sally Chan



Speaker Professor Haichao Lei

Prof. Sally Chan, Society Vice-Chairperson and Prof. Haichao Lei of the Ministry of Health, People's Republic of China and a member of the Western Pacific Advisory Committee on Health Research, World Health Organization



Moderator Marie Tarrant



Speaker Prof. Eng Kiong Yeoh

**Speakers of Plenary Session**



(From left to right) Ms Camille Ho, Manager of the Heart Program at Hong Kong Adventist Hospital; Ms Susan Law, a Nurse Consultant at Nu Pro Nurse Clinic; Prof. Lei; Mr. Cheng Bing Shu (moderator) and Ms Winnie Cheng, a Nurse Specialist (CNS) at Caritas Medical Centre

Dr. Marie Tarrant, Society member and Prof. Eng Kiong Yeoh, the Former Secretary for Health, Welfare and Food in the Government of the Hong Kong SAR and now Professor of Public Health at the School of Public Health at CUHK

**Snapshots**



Advisors, guests, speakers, delegates and Members of the Society at the 22nd Anniversary Symposium and Lunch

## Activities' Highlights

### Health Care Financing Reform

On 19 April 2008, the Society co-organized an open Forum of Health Care Financing Reform with other organizations. On behalf of the Society, Prof. Sally Chan joined the forum and acted as a moderator. Members of the Society and other health care professionals actively participated in the forum despite the fact that a red rainstorm signal had been hoisted.

The Society has also written a letter to Dr. York Chow, Secretary for Food and Health, Food and Health Bureau, expressing our views on the Health Care Reform Consultation Document. The letter can be viewed on the Society's website: <http://www.hksne.org.hk/>



Speakers at the Open Forum on Health Care Financing Reform

### May 2008 International Nurses Week

To celebrate International Nurses' Week 2008, the Hong Kong Society for Nursing Education joined hands with other Professional Nursing Organizations to form an organizing committee. The committee organized a series of activities in line with the theme of this year's International Nurses Day (IND): 'Towards Our New Horizon'. With unity among the various nursing organizations in Hong Kong, the organizing committee hoped that nurses would share their innovative vision to face the challenges ahead. Some activities for the IND 2008 are highlighted below:

#### 22 April to 9 May and 12 May 2008

For the first activity to celebrate IND 2008, the committee collaborated with RTHK 1 (FM 92.6) on a radio program "精靈一點" to broadcast a series of nursing stories. Fourteen nurses from Department of Health, Hong Kong Hospital Authority, Private Hospitals and Universities shared their personal stories of their working experiences.

Furthermore, Prof. Sally Chan, the Society's Vice-Chairperson, along with a Society representative of the Preparatory Committee of Academy of Nursing and three other Preparatory Committee members were on RTHK 1 on 12 May 2008 to share their visions and their own current roles and responsibilities as well as their experience in the establishment of the Academy of Nursing.



#### 3 May 2008

**The opening ceremony and kicking off of community programs** was then held at the Hospital Authority Headquarters. The opening ceremony started with a warm welcoming speech given by Ms. Au Wai Lin, Chairperson of the International Nurses' Day Organizing Committee. Mr. Patrick Nip, Deputy Secretary (Health) I, Food & Health Bureau, the Government of the HKSAR gave an opening address followed by a speech by Dr. Leong Che-hung. An overview on Advanced Nursing Practice and various types of nursing specialties in Hong Kong was given by Ms. June Lui, Vice-Chairperson Hong Kong Academy of Nursing Preparatory Committee. After the ceremony, the community programs were officially launched. Invited guests at the ceremony, including Dr. Susie Lum, Mr. Nip and Dr. Leong, all indicated strong support for the establishment of Academy of Nursing.

#### *Invited guests at the opening ceremony:*

(From left to right) Mr. Patrick Nip, Deputy Secretary (Health) I, Food & Health Bureau, the Government of the HKSAR; Ms. Au Wai Lin, Chairperson, organizing Committee of the International Nurses Day 2008; Dr. Leong Che Hung, the Society's patron; Dr. Susie Lum, Chairperson of the HKANPC; Ms. June Lui, Vice-Chairperson of the HKANPC and Prof. Sally Chan, Master of the ceremony.





At the opening ceremony of the 2008 International Nurses Week

**8 May 2008 - The International Nurses' Day Dinner**

The third IND activity was a celebration dinner held at Laguna Palace Restaurant, Fisherman's Wharf, Hungghom, Kowloon. Guests who were invited to give speeches were Mr. Anthony Wu, Chairman of the Hong Kong Hospital Authority; Dr. Leong Che Hung, the Society's Patron; Ms. Sannie Chan, Principal Nursing Officer, Department of Health; Dr. Susie Lum, Chief Manager (Nursing) / Chief Nurse Executive, Hospital Authority Head Office and Dr. Joseph Lee, Legislative Councilor, Health Services Constituency. During the dinner, guests and nurses enjoyed the entertaining programs organized by the Committee and spending time sharing with each other.



Members of the Society and guests at the dinner of celebrating International Nurses Day 2008

**11 May 2008 - International Nurses' Day Walk**

The fourth activity of IND was a walk at The Peak on 11 May 2008. This walk reflected the IND theme of 'Towards our new horizon.' The organising committee wanted to provide an opportunity for nurses from both public and private sectors to come together and share their vision and ideas to help us face the challenges ahead.

A kick-off ceremony was officiated by Mr. Anthony Wu, Chairman, Hospital Authority and Dr. Susie Lum, Chief Manager (Nursing), Hospital Authority. During the ceremony, Dr. Lum reiterated the mission to successfully establish the Academy of Nursing. She highlighted the importance of nurses' contributions to population health and expressed her confidence in the successful establishment of the Academy of Nursing with the joint effort of all nurses in Hong Kong.



Members of the Society participated in the 2008 International Nurses' Day Walk

**26 May 2008 - International Nurses' Week Seminar**

The fifth IND activity was a seminar held on 26 May, 2008 in Queen Elizabeth Hospital with five nursing associations (Hong Kong Chinese Civil Servant's Association - Nurses Branch and Enrolled Nurses Branch, Hong Kong Nurses General Union, the Hong Kong College of Nursing, and the Association of Psychiatric Nurses). Vice-Chairperson of the Society, Professor Sally Chan, was the Mistress of Ceremony at the seminar. The theme of the seminar was "History will create tomorrow - inheritance and the consolidated nursing specialized core value"(以史為鑑，共創明天— 傳承及鞏固護理專業的核心價值). After a one-minute silent tribute to the victims of Sichuen earthquake, the seminar started with speeches delivered by (章金媛女士 - 原江西省南昌市第一人民醫院護理部主任) the awardee of the 2003 Florence Nightingale Medal, 劉彬女士, 深圳市中醫院護理部主任, Mr. Allan Wong, General Manger (Nursing), Queen Mary Hospital and Ms. Phoebe Lam (林華娜女士), Registered Nurse, Pamela Youde Nethersole Eastern Hospital. Nursing core values in terms of post-disaster support to victims and survivors of the Sichuen earthquake were highlighted by the two speakers from Mainland China. Views from a senior manager and a new graduate nurse were also provided by the two Hong Kong speakers. Colleagues and participants were stimulated by the thought provoking speeches and views and experiences were actively exchanged among participants.



章金媛女士 中國南丁格爾得獎者，原江西省南昌市第一人民醫院護理部主任 and members of the Hong Kong Society for Nursing Education

**Other Activities**

***Establishment of Academy of Nursing***

Prof. Frances Wong and Prof. Sally Chan, representing the Society, joined other core members of the Hong Kong Academy of Nursing (HKAN) Preparatory Committee to meet with Mr. Patrick Nip, Deputy Secretary (Health) I, Food & Health Bureau, the Government of the HKSAR to discuss the action plan for the establishment of the HKAN.



***28 May 2008 - Farewell dinner for the retirement of Dr. Susie Lum***

Dr. Susie Lum is an advisor to the Hong Kong Society for Nursing Education. She has provided us with valuable advice in enhancing the work of the Society. We wish Dr. Lum and her family all the best after her retirement.



At the farewell dinner for the retirement of Dr. Susie Lum, Chief Executive, Nursing, Hospital Authority, Hong Kong

## Forthcoming Activities

**21-23 November 2008 (Friday-Sunday)**

The Society will co-organize the Second Nursing Conference on Advanced Practice with the Macau Polytechnic Institute.

Theme: Innovation, collaboration and regulation 「創意、協作，及規範」

### Invitation to support survivors and victims of the earthquake in Sichuan

We were deeply shocked and saddened to learn of the devastating earthquake in Sichuan and other nearby provinces. All of us understand that this is an extremely difficult period for the quake survivors and their families in terms of both physical and psychological health. This is also a great challenge to the rescuers who are involved in the earthquake rescue efforts. We therefore appeal to all of you to donate money to support the earthquake victims and the rescue efforts.

You may wish to respond to this appeal by joining voluntary work or/ and donating money directly to the various charity organizations:

**The Association of HK Health Care professionals (香港衛生護理專業人員協會)**

**Bank of China account: 01960610023902**

**Registration for voluntary work: [ahkhcp.org.hk](http://ahkhcp.org.hk) (香港衛生界援助四川地震同胞大聯盟)**

**Hospital Authority Sichuan Quake Relief Account**

**HSBC account: 808-052427-001**

**Bank of China account: 012-875-0-039636-7**

**Oxfam Hong Kong 樂施會**

**HSBC account: 001-537000-012**

**Bank of China account: 012-874-0010515-7**

**Online donation: [http://www.oxfam.org.hk/public/contents/news?item\\_id=75959&revision\\_id=76017](http://www.oxfam.org.hk/public/contents/news?item_id=75959&revision_id=76017)**

**Red Cross 香港紅十字會**

**HSBC account: 567-650155-016**

**Bank of China account: 012-806-0-000161-7**

**Online donation: [https://www.redcross.org.hk/donation/user\\_donation.asp](https://www.redcross.org.hk/donation/user_donation.asp)**

**The Salvation Army Hong Kong 救世軍**

**HSBC account: 580-149649-001**

**Bank of China account: 012-878-1-061887-6**

**Online donation: [http://www.salvation.org.hk/chq/crd/Project/relief/2008%20Sichuan%20Earthquake/index\\_chi.html](http://www.salvation.org.hk/chq/crd/Project/relief/2008%20Sichuan%20Earthquake/index_chi.html)**

**UNICEF 聯合國兒童基金會**

**HSBC account: 567-354014-005**

**Bank of China account: 012-875-1-081085-5**

**Online donation: [https://www.unicef.org.hk/payment/unicefdonation\\_type1.phtml?lang=big5](https://www.unicef.org.hk/payment/unicefdonation_type1.phtml?lang=big5)**

**World Vision 香港世界宣明會**

**HSBC account: 018-554444-001**

**Bank of China account: 012-883-0-002666-2**

**Online donation:**

**<https://www.worldvision.org.hk/donation/i-donation.asp?type=otherdonation&ID=162&lang=c>**

Let's all join forces in the relief activities and do what we can do to help those suffering from this massive and destructive earthquake.