



Hong Kong Society for Nursing Education Ltd.

P.O. Box 98898, Tsim Sha Tsui Post Office, Kowloon, Hong Kong
<http://www.hksne.org.hk>

Newsletter

February 2013

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Chairperson's Message

Dr. MAK Yim-wah

Dear Members and Colleagues,

On behalf of the Hong Kong Society for Nursing Education, I hope you have had a pleasant and enjoyable Lunar New Year holidays and are ready for facilitating a holistic and fruitful learning experiences to our students in the year of the Snake!

In the past year, it was truly an exciting time for nursing education in Hong Kong. Two cohorts of nursing students started their undergraduate study at universities in September 2012. These students were admitted from the Hong Kong Advanced Level Examination (HKALE) and the first Hong Kong Diploma of Secondary Education (HKDSE). They will spend 4 and 5 years' time in the programme respectively. The implementation of these undergraduate education, aiming not only to prepare manpower in nursing and health care, but also to enhance their leadership in ethics and critical thinking, and to provide nursing interventions that meet the health needs of people in Hong Kong and other countries. With the additional one-year of undergraduate study, students of the 5 year programmes have the opportunity to lay solid foundations with general education components such as languages and liberal studies subjects, before they start the nursing specific curriculum components such as subjects of nursing therapeutics. More opportunities to broaden their horizons in multi-disciplinary learning and oversee exchange are included in some universities.

Referring to applications for undergraduate nursing education in the recent years, the nursing profession was competitive in attracting students who are



bright and talented. They are energetic in both academics and other activities. Furthermore, healthcare workplaces are starting to have mentorship program led by designated nurses in a designated time for guiding nursing students, new registered nurses or nurses who are new to working settings.

However, with challenges such as ageing population, new types of diseases and new health needs, issues about nursing manpower are raised. To meet the manpower needs, existing accredited training programmes for registered nurses ranging from higher diploma courses, bachelor degree courses to master degree courses, are organised by universities, workplace institutions or jointed venture of the two. This increased number of students on practicum opportunities might create an additional challenge to nursing educators in providing adequate and suitable guidance.

On the other hand, the rapid changes of health needs, knowledge and skills will be depreciated by time. To ensure that direct and indirect issues of patient safety are kept to a minimum at all times, apart from basic nursing education, mandatory continuing education for graduated nurses is strongly indicated.

I hope the strategies for facilitating basic nursing education and continuing nursing education will be enforced and further developed.

Once again, I wish you all a fruitful and joyful nursing education experience in the year of the Snake!

The Newsletter can be read on the web site: <http://www.hksne.org.hk>

To continue the dialogue on Clinical Outcome and Advancing Nursing Practice initiated on our 26th anniversary symposium in April 2012. The Society has coorganised a Sino-Portuguese Nurses' Association Nursing Conference 2012 in Macau, reinforcing exchange in nursing education among participating nurses from Hong Kong, Macau, Mainland China and Singapore. Abstracts of selected speakers in the conference are enclosed in this Newsletter. Other events organized or participated by the Society's executive members since July 2012 will also be highlighted here to review efforts made over the past half year.

Clinical Outcome and Advancing Nursing Practice

The Society, together with Sino-Portuguese Nurses' Association and Sigma Theta Tau International Singapore Upsilon Eta Chapter co-organised the "Sino - Portuguese Nurses Association Nursing Conference 2012" which was held on 24 November 2012 at Macao Polytechnic Institute. The theme of the conference was "**Clinical Outcome and Advancing Nursing Practice in South-East Asia Region**" which aimed at examining the advance nursing practice role from a regional perspective; promoting nursing outcome evaluation and discussing regional strategies in advancing nurses' role. Six Society members: Prof. Claudia Lai, Dr. Eliza Wong, Ms. Lee Wai Kuen, Mr. To Hoi Chu, Ms. Susanna Lee had shared their experiences in nursing education and research in advance nursing practice in areas of gerontology nursing, critical and emergency nursing, community health nursing, rehabilitation nursing, paediatric nursing. The Society's executive committee members: Dr. Mak Yim-wah, Mr. Edmond Tong, Dr. Vico Chiang and Dr. William Li had participated the conference as the chairperson and facilitators of various sessions. The Social and Welfare subcommittee of the Society helped arranging the trip to Macau and there were a total of 30 delegates from Hong Kong joined this meaningful event. The Conference has successfully produced a rich amount of information and opinion exchange to all participating organizations and scholars.



Members of the Conference Organising Committee and Guest Speakers.



Society members with chairpersons of the conference, guest speakers and other Hong Kong delegates at the conference.

Clinical Outcomes & Advanced Nursing Practice

Professor Claudia Kam-yuk LAI

School of Nursing, The Hong Kong Polytechnic University, Hong Kong



To date, clinical outcome is often used as the objective measure of our performance as health care professionals. Clinical or health care outcomes, which are specific to different specialties, are commonly defined as changes in health status due to an intervention. Stakeholders want to know the extent or impact of clinical outcomes in relation to the health care services rendered to determine the value of such services. With reference to nursing as a profession, the value of advanced nursing practice can be formally acknowledged if the outcomes of care of advanced practice nurses (APN) can be identified. The literature informs us that advanced nursing practice has been found to be similar to and also in certain ways better than care provided by physicians alone. But it is not always easy to delineate APN outcomes. Interventions have multiple components and APNs work in collaboration with multiple providers in a health care team. This paper discusses how we should gauge APN clinical outcomes through clarifying misconceptions about what constitute APN clinical outcomes. The future development of different dimensions of clinical outcomes is also discussed. Last, this paper argues that APNs need to be cognizant of the fact that clinical outcomes in daily nursing practice refer to the outcomes of an individual. An individual needs to be recognized as a unique being, and not an aggregate (group) mean.

The Expanded Role of Paediatric Nurses in Hong Kong

Ms. Susanna Wai-ye LEE

Chief Nursing Officer, Hospital Authority Head Office, Hong Kong



Child health in Hong Kong is advancing, evidenced by being one of the cities with the lowest infant mortality rates in the world. Infectious diseases and acute illnesses have been adequately prevented and controlled by universal immunization, advanced medicine and improved medical and nursing care. However, new child health problems are emerging such as the lifestyle and behavioural problems: childhood obesity, substance abuse, internet addiction; mental health illness and child abuse, all pose new threats to child health with lifelong impact. To address these emergent health issues, intersectoral and transdisciplinary collaborations across the medical, social and education sectors become increasingly important. The change of disease patterns; the escalating demands and expectations from the public; evidence-based practice; advanced technology all demand the highly specialized role of Paediatric nurse. Therefore, Paediatric nurse today is no longer confined to the duty boundary as the ministering angel who cared for the wounded and the sick at the bed side as in the old days. The roles of Paediatric nurse are ever evolving and expanding!

To equip nurses with the most advanced clinical knowledge in coping with the ever changing challenge at work and strengthen their specialty competences to practice at the advanced level, education preparedness and training are essential. In recent years, Post Registration Certificate Courses on different specialty training including Child and Adolescent Nursing, Paediatric Intensive Care Nursing, Neonatal Intensive Care Nursing and Paediatric Oncology Nursing are intensively run by Institute of Advanced Nursing Studies of Hospital Authority or in collaboration with universities in Hong Kong. Corporate Overseas Sponsorship Training including Paediatric specialty are also provided to broaden nurses' views and benchmark the standard of practice worldwide. Experienced nurse with specialty training is formally recognized as Specialty Nurse. Nurse Consultant (NC) post has been established in the specialty to provide a path for the highly specialized, independent, professional competent nurse in the career advancement, NC is expected to shouldering the clinical leadership and advocacy role of the specialty and be capable of making autonomous decision in maintaining quality services, introducing innovations for continuous improvement, anticipating and meeting contemporary health care needs and exercising evidence-based practice. The scope of practice of NC encompasses direct clinical care for patients with complex illness; provision of expert consultation; specialty service development; service collaboration; education and research. In future, new roles and responsibilities of paediatric nurse may continue to emerge in response to the changing needs in child care. Paediatric Nurse Practitioner in US is also the expanded role of nurse that can be cited as an example.

Nurse Consultant's Role and Baby-friendly Hospital Practices among HA Hospitals

Ms. Christine Chi-oi LAM

Nurse Consultant (Breastfeeding), Queen Elizabeth Hospital, Hong Kong



It is the recommendation of World Health Organization (WHO) that infants should be exclusively breastfed for the first six months and then receive adequate nutrients and safe complementary foods while breastfeeding continues for up to two years of age or beyond. In Hong Kong, most women (about 75%) chose breastfeeding, but the exclusive breastfeeding rates in HA hospitals are still low and there is no baby friendly hospital in Hong Kong. There is a huge need in lactation support for more effective breastfeeding promotion, mother and baby-friendly childbirth and care so that successful breastfeeding can be achieved. The Nurse Consultant (NC) serves not only as an advanced lactation care provider, but also an educator, service monitor and coordinator together with a team of experienced midwives/nurses. In administration level, the NC sets guidelines and protocols and monitors the policy implementation. In community level, the NC would develop channel and work in partnership with Family Health Service, support parties and overseas expertise. The deliverables of NC are focused on both service quality, health improvement of breastfeeding women and building system for sustainable service from hospital to community. Through studies of the service gap, works with the policy makers and shares experience among hospitals and thus implements measures for Baby-Friendly Hospital (BFH) standard of breastfeeding management.

Knowledge Transfer e-Health (KTeH) Project on Patients Who Have Coronary Heart Disease or Stroke

Dr. Eliza Mei-ling WONG

Assistant Professor, The Nethersole School of Nursing, The Chinese University of Hong Kong, Hong Kong



This two year community KTe-H project aims to enhance the knowledge of prevention and management of coronary heart disease or stroke through web and DVD, thus promoting a healthy lifestyle in the community. The specific objective is to improve their knowledge and skill in terms of diet and weight control, exercise and stress management. In this project, knowledge has been transferred by an e-health approach (web and DVD) and two public lectures. The e-health link (<http://www.cuhk.edu.hk/proj/CVHealth/>) has been established since 2010, which share the healthcare information. In early 2012, some relevant web content has been converted into two DVDs (Coronary disease series and Stroke care series). Community partners, such as Helping Hands, The Hong Kong Society for Rehabilitation, Cardiac rehabilitation centre and various community care centres were invited to participate. The DVDs were distributed freely to the participating organizations and DVDs were shown on television at each participating venue or at client home so that the clients, caregivers and healthcare staff can view the information. The evaluations consist of satisfaction survey to determine whether the e-approach of health education delivery was feasible and acceptable to clients and care givers in the community. Two public lectures entitled "Fight against Cardiovascular Disease" and "Coping with stroke in the community" were completed successfully within the project period. Web link has access count of 120000 hits since establishment. Overall mean satisfaction score from 354 return questionnaires was 4.2 (SD 1.15) out of 5 for two public lectures. The process of DVD distribution and evaluation has been undertaken. Of the returned questionnaires, 45% (n=88) of clients watched the DVDs via the home computers or TVs or DVD players at the community centres. The overall satisfaction score was 8.12 (SD 1.29) out of 10. Despite of providing service to the public, this community KTe-H project will present a model for community health education for secondary health prevention, promote a healthy lifestyle and enhance the self management of chronic disease in the community.

Neurogenic Bowel Care – Nursing Perspectives

Mr. TO Hoi-Chu

Nurse Consultant (Urology Nursing), Queen Elizabeth Hospital, Hong Kong



A spinal cord injury may interrupt communication between the nerves in the spinal cord that control bladder and bowel function and the brain, causing bladder-and bowel-function problems. This results in bladder or bowel dysfunction that is termed "neurogenic bladder" or "neurogenic bowel". People with multiple sclerosis or spina bifida may have similar problems. Urology nurses are the professional to take care of the neurogenic bladder and neurogenic bowel dysfunction. Neurogenic bowel dysfunction may result in loss of bowel control, constipation, bowel frequency and lack of bowel movements. Neurogenic bowel dysfunction is one of the detrimental sequelae following spinal cord injury or disease. It negatively impact on morbidity, social emotional and physical well-being and quality of life of individuals living with spinal cord injury or disease. Up to 23% of individuals with chronic spinal cord injury have required hospitalization for evaluation or treatment of complications of neurogenic bowel. An effective management of neurogenic bowel is fundamental to rehabilitation and reintegration in community, reducing morbidity, enhancing patient's physical, psychological, social, recreational function, quality of life, and restores independence. The lecture will discuss up-to-date bowel management including diet and fluid, oral/rectal medications, digital-rectal stimulation, digital removal, retrograde colonic irrigation, and Malone antegrade continence enema.

Activities' Highlights:

Nursing and Midwifery sub-group on strategic review on Healthcare Manpower Planning and Professional Development and the related focus group in September, December 2013

Dr. Mak Yim-wah has participated in the meetings of the captioned group to discuss issues on healthcare manpower planning and projection and regulatory framework for healthcare. Opinions from employers of nursing manpower, nursing association representatives and patient representatives were exchanged. The following opinions have been expressed:

- We welcome the government's initiative to conduct a strategic review on nursing manpower.
- We would like to urge the government and profession to continue the efforts to review and monitor the nursing manpower issues
- Nursing profession was competitive in attracting students of good calibre. The problem with the overall nursing manpower however laid in retaining nurses, either during the training stage or after graduation, which suggested the need to enhance support to nurses in work settings.
- Specialization of the nursing profession would enhance their professional pride and the community's recognition of the profession, and in turn help to address the retention problem.
- Manpower planning should be comprehensive to review health needs from different age-group of population and different settings.
- Trendcare, an Aussie model of nursing manpower management from the following website is shared:
http://www.trendcare.com.au/product_overview.html

For the regulations and legislation:

- We welcome a reform of regulation for protecting patients and improving quality of care
- Sole reliance on organizational self-regulation is not enough to ensure patient safety
- Compulsory continuous professional education is supported
- A more effective system to detect, deal and report with poor performance and improve quality of care should be developed.
- An exercise to re-define the role of nurses and identify what 'supportive personnel' (like healthcare assistant, ward stewards, etc.) could do to help the nurse, etc.
- An exploration of establishing a 'competency-based professional development model' with reference from international experience is suggested.

14 September 2012

Focus group discussion for a study on regulatory framework for healthcare professions was joined by Dr. Mak Yim-wah, Dr. Vico Chiang and Ms. Alisa Ka-po Wong. The issues on licensure examinations for overseas registered nurses and local nursing students were discussed. The group had a consensus on conducting licensure examination for overseas nurses yet it was still controversial for local nursing students.

15 September 2012

63rd National Day Celebration Dinner

The 63rd National Day Celebration Dinner was held in Maxim's Palace at City Hall on 15 September 2012. The Society had served in the reception subcommittee of the Dinner's Organizing Committee. The Society's executive committee celebrated this joyful happening with Government officials and many other health care professionals.



27 September 2012

Seminar on Ethical and Professional Conduct for Health Care Professionals

The Provisional Hong Kong Academy of Nursing held a seminar on "Ethics and Conduct for Health Care Professions" by Professor Joseph Sung, Mok Hing Yiu Professor of Medicine, President and Vice-chancellor, The Chinese University of Hong Kong at Kwong Wah Hospital. Dr. Mak Yim-wah, Dr. Eliza Wong, Ms. Joyce Chung, Ms. Peggy Ng and Ms. Alisa Ka-po Wong of the Society attended the seminar and shared views on the ethical aspects of health care professionals in Hong Kong.



18 October 2012

Press release on safety of medical and related procedures and medical professionalism

In response to the recent public concern on incidents involving safety of medical and related procedures and medical professionalism, the Society has joined the Hong Kong Federation of Medical Societies of Hong Kong (FMSHK) and other 38 health care profession societies to make position statements on the monitoring of cosmetic business in relation to medical related procedures; the monitoring of use of experimental procedures, and blood and pharmaceutical products; the doctors' professional conduct. The press release was forwarded to Society's members via email on 22 October 2012.

13 October, 17 November & 1 December 2012

First *Collaboration course between the Hong Kong College of Education and Research in Nursing (HKCERN) and our Society (HKSNE) - Multiple Choice Question Writing Workshop*

The society's needs of high qualified nurses and specialists in nursing education have increased in recent years. With the establishment of Hong Kong College of Education & Research in Nursing (HKCERN), the Society is initiating future opportunities of working with HKCERN in forms of collaboration, cooperation or merger in order to meet these needs. A retreat was held and Professor Frances Kam-yuet Wong, the president of HKCERN has also joined the retreat.

All participating members agreed that the Society should take an active collaboration role with the Hong Kong Academy of Nursing to advance nursing education and practice. For 26 years, the Society has been working towards the advancement of nursing education in Hong Kong as an independent professional association. The Society always acts as a professional nursing association and represents the nursing profession to voice out the needs in various occasions. The Society supports that continuing nursing education is important for qualified nurses to update themselves for improving the quality of health care services and will continue to organize quality continuing education programmes for qualified nurses of all levels and career expectations at a diverse manner regardless of nursing specialties. The collaboration with HKCERN could be in form of meeting or joint educational course development. Dr. Mak Yim-wah and Dr. Eliza Wong will represent the Society in the near future meetings with HKCERN. First round of workshops was completed on 1 December 2012. There were totally 57 participants. A vast majority of the participants expressed high satisfaction towards the workshops. 2nd round of workshops was conducted on 12 January and 2 February, 2013.



18 December 2012

Summit of Breastfeeding

Dr. Mak Yim-wah and Ms. Alisa Ka-po Wong had attended the "Summit of Breastfeeding" held by the Hong Kong Paediatric Society and Hong Kong Paediatric Foundation. Views and opinions were exchanged with fellow participants during the open forum on infant nutrition and ethics.

Upcoming Events

Date	Events
6 April 2013	Health Carnival
13 April 2013	Hong Kong Society for Nursing Education ~ 27th Annual General Meeting, Anniversary Symposium and dinner Theme: "Enhancing Patient Safety - Implications for Nursing Education" Time :17:00 AGM 17:30 Symposium 20:00 Dinner Venue : Assembly Hall, 4/F North Tower, YMCA, 41 Salisbury Road, Tsim Sha Tsui, Hong Kong
4 May 2013	Celebrating activities of International Nurses Day

For details, please refer to Society's website and further email notifications.



Congratulatory message to Professor Sophia Chan

The Society would also like to express its congratulations to Prof. Sophia Chan, who has joined the Food and Environmental Hygiene Department as the Deputy Secretary for Food and Health.

Best wishes on Retirement!

The Society also wishes to send its blessings to Ms. Sylvia Fung, who retired from her position as the Chief Manager (Nursing) of the Hospital Authority, and Ms. Rosanna Leung, who retired from her position as the senior nursing officer of Tung Wah Eastern Hospital. Their efforts made in enhancing nursing education are highly honored and respected.



Do YOU want to get involved?

As a member of the Hong Kong Society for Nursing Education (HKSNE), you have the opportunity to interact with others who have the same goals and interests in nursing education. Each year our events include tours, lectures, professional development courses, Nurses' Day activities and social gatherings. If you would like more details of our Society, please browse the website at www.hksne.org.hk.

The membership period starts in January of each year. We welcome you to become a member by returning the completed 'membership subscription form attached.

We also remind current members not to let their membership lapse and to renew today. The HKSNE will help you to keep up to date with the local nursing news, and needs you to support its programmes and advise the government on nursing issues.

*We are happy to have you as a member and
look forward to meeting you soon!*



The Hong Kong Society for Nursing Education
wish you a prosperous year of Snake!



Hong Kong Society for Nursing Education Ltd.

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**The Mission of the Society is to achieve excellence in nursing service
 through the enhancement of quality nursing education.**

SUBSCRIPTION FOR MEMBERSHIP (January - December 2013)

Notes

1. Please complete the form in English (except the Chinese name if any) and in block letters.
2. In compliance to the Personal Data Ordinance, the use of your personal particulars will be restricted to the Society only.
3. Please mail the completed form and a crossed cheque (for payment by cheque) payable to "Hong Kong Society for Nursing Education Ltd." to PO Box 98898, Tsim Sha Tsui Post Office, Hong Kong.
4. Receipt will be issued to you when the subscription is accepted. (Please allow 4 weeks for processing)
5. No membership card will be issued. Please keep the receipt for your own reference.
6. Whenever a member pays the subscription fee, the annual membership always starts in January and ends in December of the same year.
7. The Society is a "Continuing Nursing Education" Provider and a provider of "Post-registration Education in Midwifery" accredited by the Nursing Council of Hong Kong and the Midwives Council of Hong Kong respectively.
8. Categories of membership are:

Category	Eligibility	Subscription Fees*
Full Member	Qualified nurse educator, or registered nurse whose area of responsibility involves basic / post-basic nursing education	HK \$100 per annum
Associate Member	Any person who is not a registered nurse but interested in nursing education	HK \$100 per annum
Affiliate Member	All full-time students undergoing hospital / tertiary based nursing program	HK \$50 per annum
Life Member	Any full member paying an one-off life membership fee	HK \$1,000

* No initial fees for new members or re-joining members are required.

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